

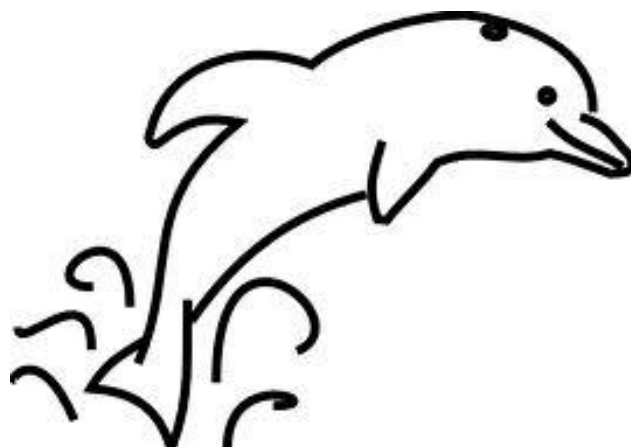
DEER LAKE DOLPHINS SWIM CLUB

Provincial Development Meet

October 15th and 16th, 2011

Hodder Memorial Recreation Complex

Deer Lake, NL



LOCATION

Hodder Memorial Recreation Complex
Crescent Street
Deer Lake, NL

POOL

25 meters, 6 Lanes

SANCTION

Swimming Newfoundland and Labrador
Swim Canada

MEET MANAGER

Shawna Barter
e-mail: shawna.barter@gmail.com

OFFICIALS

Please contact: Glenda Crocker
e-mail: gdcrocker@dayandrossinc.ca

NOTES

- All entries must be received by the Meet Manager no later than **THURSDAY OCT. 6th, 2011 by 9:00pm**. Late entries cannot be assured acceptance or seeding. A \$100.00 penalty will be applied to all late entries.
- Entries are to be sent using the SNC Online entry system.
<https://www.swimming.ca/MeetList.aspx>
- SNC Warm-Up procedures will be observed.
- Warm-up times will be confirmed with coaches once all entries have been received.
- Swimmers must be members in good standing with SNC/SNL.
- SNL requires that all coaches be in good standing with the CSCA, NLSCA and SNC.
- Deck Entries will not be permitted.
- This meet is open to all 14 & under swimmers who are **NOT** qualified for East Coast Champs.

BILLETING

Billeting will not be available.

EVENTS & SEEDING

All events will be Time Final and Time Seeded.

Meet Management reserves the right to combine heats and events when numbers warrant (coaches will be notified).

ENTRY LIMITS

Swimmers may swim a total of **6 Individual Events plus the relay**.

ENTRIES

- Entry fees are \$30.00 per swimmer.
- Payment is due to the Deer Lake Dolphins Swim Club prior to start of the first session.
- There will be no refund for scratches received after 6:00pm, Monday Oct. 10th, 2011.
- Once the meet is in progress, scratch forms must be completed by the end of the first warm-up for each session.
- There will be a coaches meeting 15 minutes before the start of the first warm-up on Saturday morning, Oct. 15th, 2011.
- Psych Sheets/Program will be made available to the coaches by email by Wednesday, Oct. 12th, 2011.

RELAYS

- There will be one 4 x 50m Free Relay event.
- There will be no age restriction on relays. The age of the oldest swimmer will determine the age category of that team.
- Relay entries including swimmers names must be submitted with entries. Changes to names are permitted up to the end of warm-ups for that session. Relay names will not be printed in any programs.

AGE GROUPS

10 & Under
11-12
13-14

SCORING

- Individual Points will be based on the age groups listed above and will be scored 1st through 6th, using the point system 50, 30, 20, 15, 14, 13.
- The relay will be scored using the following point system 50,30,20,15,14,13, 12,11,10,9,8,7. Only the A relay from each age group for each team will score.

AWARDS

- Place ribbons will be awarded to the top 6 (six) finishers in each age group in all events.
- Top Achiever awards will be given to the highest 3(three) total point scorers based on the 6 individual events, both male and female, and for each age group.

TEAM AWARD

The Top Team Award will be given to the team with the highest average points per swimmer.

Saturday AM, Oct. 15th	Saturday PM, Oct. 15th	Sunday AM, Oct. 16 th
Warm-Up: 9:00 am	Warm-Up: 5:00 pm	Warm-Up: 9:00 am
200 Breast 100 Free 100 Fly 50 Back 100 IM	200 Free 200 Fly 100 Back 50 Free 4 x 50m Freestyle Relay	200 IM 100 Breast 50 Fly 50 Breast 200 Back

WARM-UP SCHEDULE

The Finalized Warm-Up Schedule will be given to coaches once the total number of swimmers attending has been determined.