

Mount Pearl Marlins Swim Club

Satellite Invitational

Jan 27-29th, 2012

Location: Mount Pearl Swimming Pool
Stapleton Rd Mount Pearl, NL

Pool: 6 lanes 25 meters

Sanction: Swimming Newfoundland and Labrador

Meet Manager: Noel Cadigan Email meetmanagermarlins@gmail.com Phone: 687-9085

Officials: Please contact Stephanie Dyer Email: { [HYPERLINK "mailto:gdyer@nf.sympatico.ca" }](mailto:gdyer@nf.sympatico.ca) }

Notices:

- **Due to severe allergies please ask your team members not to bring products containing peanuts to this facility.**
- All Entries must be uploaded to the meet entry system at { [HYPERLINK "http://www.swimming.ca" }](http://www.swimming.ca) no later than Friday, Jan,13, 2012 @ 7:00pm. Late entries can not be assured acceptance.
A \$100.00 penalty will be applied to all late entries.
- Heat Sheets will be provided to coaches by Wednesday January 25th.
- SNC Warm-up procedures will be observed- Warm-up times will be confirmed with coaches once all entries have been received.
- Swimmers and Coaches must be registered and in good standing (Swimmers with SNL and coaches with SNC, NLSCA, CSCA).
- Billeting will not be available at this meet.
- There will be a canteen upstairs during the meet.
- There is additional parking available Friday and Saturday at the back of the Church of the Ascension on Smallwood drive, which is a short walk from the pool.

Events and Seeding:

- All events will be swum standard seeded slowest to fastest with the exception of 1500 and 800 free.
- 1500 and 800 free will be swum fastest to slowest alternating between 1500 and 800.
- Meet manager reserves the right to combine heats and events when numbers warrant, as well as moving events to accommodate timelines and session length.

Entries:

- Entry fees are set at \$30.00 per swimmer. (\$20.00 meet fee, \$7.00 SNL Clock fund, and \$3.00 SNL Swimmer Development Fund.) Payment to Mount Pearl Marlins Swim Team is due at the first meet session.
- It would be appreciated if scratch forms are completed by the finish of the first warm-up of each session.
- There will be no refund for scratches received after 6pm Monday, Jan 23rd.
- There will be a brief meeting with coaches 15 minutes prior to the warm-up of the first

session. Coaches will be notified of the meeting time.

- All athletes may swim 5 individual events plus relays. There are no restrictions on events so that swimmers can select events to attend only necessary sessions of the meet.

Relays:

- There will be no age restriction on relays. The age of the oldest swimmer will determine the age category of that team.
- Relay entries including swimmers names must be submitted with entries. Changes to names are permitted 30 minutes prior to the start of that session. Relay names will not be printed in any programs.
- Swimmers may swim both 200 free and 200 Medley relays.
- Meet management will adjust session start times and events to stay within reasonable session length when entries are received. .

Scoring:

- Individual: Points will be based on age groups 10 and under, 11 and 12, 13 and 14, 15 and over. Using the following point system 7,5,3,1.
- Relays will be scored using the following point system 10,8,6,4,2,1. Only the fastest relay from each team per age group will score.

Awards

- Individual Certificates with event times will be awarded to each swimmer.
- Medals will be presented to the top three (3) achievers male and female for the overall top aggregate point winners in each age group.

Team Award

- A Top Team award will be given to the team with the highest total points.

Special Notices

- To reduce session length and numbers of swimmers at the pool at one time we have split age sessions by age group on Saturday. Officials are asked to stay for multiple sessions if at all possible. Timelines will be confirmed once entries are received.

Session Events:

Warm-up and Session Times will be confirmed by email when all entries are received and sessions are timed out.

Friday pm Warm up 4-5pm	Saturday am 13 & over 7-8am	Saturday pm 13 & over 3:30-4:30pm	Sunday am 7:00-8:00am
1500 free *	200 free	200 IM	200 fly
800 free*	100 breast	100 back	50 breast
400 IM	200 back	200 breast	50 back
400 free	100 fly	100 free	200 free relay
	50 free	50 fly	200 medley relay
	12 & under 10:30-11:15am	12 & under 6:45-7:30pm	Overflow from
	200 free	200 IM	distance events.
	100 breast	100 back	
	200 back	200 breast	
	100 fly	100 free	
	50 free	50 fly	

- *Fastest to slowest, alternating 1500 then 800.